



PRODUCED, RECORDED AND MIXED by AARON HOLMBERG/FULL FREQUENCY PRODUCTIONS

All songs recorded live-off-the-floor with minimal overdubs.

Recorded @ North Of Princess, The Bank & The Isabel Bader Centre for the Performing Arts in Kingston ON

Mixed at The Pod Kingston ON.

Mastered by Noah Mintz @ Lacquer Channel, Toronto ON

- * Assisted by Dylan Lodge
- **Assisted by Lucas Rudell
- ***Additional recording by Zane Whitfield

Album design, Illustration by Mark Audet @ Rocket Illustration

Album Tracks:

THE SWIMMING SONG – EMILIEE STEELE & THE DEAL Written by Loudon Wainright III

Performed by:

Emilie Steele Vocal, Electric guitar

Jack Lockridge Electric guitar

Kiel Vereecken Bass John Irwin Drums

I'LL BRING THE SUN – THE GERTRUDES (**)

Written by Jason Collett

Performed by:

Greg Tilson Vocal, acoustic guitar

Anne Clifford & Mo Horner Vocals

Joel Williams Electric Guitar

Jason Mercer Bass Josh Lyon Piano Pete Bowers Drums Ken Wilson Banjo

Teilhard Frost & Meghan Balogh Violins and Gang Vocals

Devon Runions & Leonard Wilson Trombone
Janet MacRae & Mike Verner Trumpet

Kids Choir:

Eloise Bergeron, George Bergeron, Simone Scala, Jane Sheriff, George Tilson

Choir conducted by Emberly Doherty

HERE COMES THE SUN – JIM TIDMAN

Written by Matthew Ward

Performed by:

Jim Tidman Vocal, acoustic guitar

Joe Carscallen Keys Matt Mulvahil Bass Rob Radford Drums

CLOSER TO FINE – FOSTER, SHEA, SUDAC

Written by Indigo Girls

Performed by:

Christina Foster Vocals

Anna Sudac: Vocals, acoustic guitar Savanna Shea Vocals, acoustic guitar

PATIO LANTERNS - ABBY STEWART (**)

Written by Kim Mitchell & Paul Phillip Woods

Performed by:

Abby Stewart Vocal

Matt Bates Electric Guitar

Mike Kidd Electric Guitar, backing vocals

Noah St. Amand Bass
Jeff Babcock Drums

COME DANCING – JAY HARRIS

Written by Raymond Douglas Davies

Performed by:

Jay Harris Vocals, acoustic? or electric?
Jon 'Bunny' Stewart Electric guitar, alto and tenor sax

Benji Perosin Trumpet John Lyon Keys Alec Barken Bass Rob Radford Drums

FEELING GOOD - THE FIREBIRD COMBO

Written by Leslie Bricusse & Anthony George Newley

Performed by:

Selena Chiarelli Vocal
Muddy Motaki Vocal
Chantelle Thompson Vocal
Josh Lyon Piano
Winston Vee Bass
Dan 'Dinky' Chalmers Drums

Helena Hannibal Alto and Bari sax

____ flute

BLOWING IN THE WIND - CHRIS MORRIS

Written by Robert Dylan

Performed by:

Chris Morris Vocals, acoustic guitar, harmonica
Aaron Holmberg Electric guitar, bass, percussion

FOUR STRONG WINDS - PAUL LANGLOIS (*)

Written by Ian Tyson

Performed by:

Paul Lanlois Vocal, acoustic guitar

Greg Ball Electric
Joe Carscallen Keys
Matt Mulvahil Bass
Rob Radford Drums

CRUEL SUMMER – NOT COOL

Written by Sarah Dallin, Steve Jolley, Siobhan Deirdre, Tony Swain, Keren Woodard

Performed by:

Christina Foster Vocals

Jon 'Bunny' Stewart: Electric guitar

Josh Lyon Keys

DRIFTIN' - HUARACHES (*)

Written by The Sandals

Performed by:

Adam Weeve Electric guitar
Chris Electric guitar

Steve Sotille Bass

Dan 'Dinky' Chalmers Drums Winston Vinh Bass

Dan 'Dinky' Chalmers Drums, percussion
Aaron Holmberg Drum programming

INTO THE MYSTIC - GREG BALL (*)

Written by Van Morrison

Performed by:

Greg Ball Vocal, acoustic guitar

Joe Carscallen electric guitar

Rob Gillett bass
Rob Radford Drums

SUMMERTIME ROLLS – JUSTIN BIRD & THE THORNS OF VENUS *Written by Jane's Addiction*

Performed by:

Justin Bird Vocal
Jon 'Bunny' Stewart Electric
Benji Perosin Keys
Alec Barken Bass
Rob Radford Drums

ALL THE DIAMONDS – SAVANNAH SHEA

Written by Bruce Cockburn

Performed by:

Savannah Shea Vocals, acoustic guitar

SUNNY DAYS - ROCKET SURGERY (*)**

Written by Ronald Harry, Original Performed by Lighthouse

Performed by:

Reuben DeGroot Vocal, Electric Guitar

Dan Curtis Electric Guitar

Josh Lyon Keys
Christina Foster Vocal
Winston Vinh Bass
Rob Radford Drums
Jon 'Bunny' Stewart Sax

Dan 'Dinky' Chalmers Percussion

CALIFORNIA STARS - KODY PAUL & BRUCE COMPEAU (*) (***)

Written by Jeff Tweedy, Arlo Guthrie and

Performed by:

Kody Paul Vocals, acoustic guitar

Bruce Compeau Vocals

Dan Dinky Chalmers Drums, percussion

Aaron Holmberg Bass, guitar
Van Sheen Guitar, melodica
Josh Lyons Hammond B3 Organ

BIG BLACK CAR – THE CODAS ()**

Written by Gregory Allen Isacov

Performed By:

Braden Elliot vocals, acoustic guitar

Josh Aronson electric guitar, violin, backing vocals

Taylor Adams Bass, backing vocals

Angus Fay cajon Michael McKitrick Piano

THE CAMP SONG – ALEX MUNDY (*)

Written by Peter Katz & Rob Szabo

Performed by:

Alex Mundy Vocal, keys

John Abrams Acoustic guitar, backing vocals

Jeff Hamacher Cello