

RKY Womens Weekend

Friday, May 31st- Sunday, June 2nd, 2024



	Friday, May 31st, 2024	Saturday, June 1st, 2024	Sunday, June 2nd, 2024
7:00	<p style="text-align: center;">Welcome to RKY Camp Women's Weekend 2024!</p>	Polar Bear Swim (Waterfront) Early Riser Yoga (OC)	Polar Bear Swim (Waterfront) Early Riser Yoga (OC)
7:30			
8:00		Wake Up Bell	Wake Up Bell
8:30		Breakfast- Homestead	Continental Breakfast Coffee & Tea on the Docks
9:00			
9:30		Rock Climbing- Adventure Bracelet Making- A&C Kayaking Lesson- Waterfront Tai Chi- Centre of Camp	Morning Paddle- Waterfront Ice Bath- OC Porch Archery- Playing Field Coffee & Tea on the Docks
10:00			
10:30		High Ropes- Adventure Total Body Workout- Outdoor Centre Canoeing Lesson- Waterfront Nature Hike- Beaver Dam	Brunch- Homestead
11:00			
11:30		Open Waterfront	Open Waterfront High Ropes - Adventure Balance & Core Workout Tai Chi- OC
12:00			
12:30		Lunch- Homestead	Open Waterfront Yoga- Outdoor Centre Archery- Playing Field
1:30			
2:00		The Common Thread (TAOC)- OC Balance & Core Workout- Plateau Archery- Playing Field Open Waterfront	Departure @ 2pm
2:30			<p style="text-align: center;">Thanks for Attending! See You Next Year!</p>
3:00		Breathwork & Icebath (TAOC)- OC Afternoon Yoga- Plateau Campfire & Cedar Tea- Centre of Camp Open Waterfront	
3:30			
4:00		Diamond Art - OC (Icebath Continues on Porch)	
4:30			
5:00		Free Time	
5:30			
6:00	Dinner- Homestead		
6:30	Arrival @ 6:30-7:00pm Check In Begins & Move into Cabins		
7:00			
7:30	Welcome Meeting (Homestead)	Social Night Trivia & Evening Snack (Homestead)	
8:00	Appitizers & Social (Homestead) Evening Yoga (Outdoor Centre)		
8:30			
9:00	Campfire (Duffy's)	Campfire (Duffy's)	
9:30			
10:00	Eagle Lake Quiet Hours Begin	Eagle Lake Quiet Hours Begin	